



THE
SUMBA
FOUNDATION

2015 End of Year Update



Malnutrition and School Lunch

This year, we have constructed a new kitchen that supports our malnutrition and school lunch programs. Childhood

malnutrition is a serious problem in Sumba. Our school lunch program currently supports eight primary schools with 2,500 children benefiting from healthy, nutritious meals served at school.

Our malnutrition project focuses on treating

severely malnourished infants. Over the last few years, the Sumba Foundation has treated more than 700 children. Since the



beginning of the year, we have nursed more than 100 infants to improved health, and educated their mothers on proper food and nutrition for the future.

In 2016, we hope to extend the school lunch program to two additional primary schools (10 schools total) with an emphasis on greater food variety. We are also expanding nutrition education programs so that these lessons can be passed on to the families.

Mama to Mama

This past year, we started a new program called “Mama to Mama,” providing support to local midwives to alleviate the high incidence of mother and child mortality from labor and delivery.



We purchased the first ultrasound machine in Sumba and trained two of our staff nurses to operate and evaluate results. Currently we are supporting three local midwife clinics, and we

are excited to report in the last ninety days they have monitored and improved the health of 76 women.

Today, we are helping 50 pregnant women per month



delivering ultrasound monitoring, prenatal vitamins, and other health services. So far, 18 women from the program have given birth to healthy children without complications. For 2016,

we would like to expand the program to support additional midwives in the West Sumba area by supplying midwife kits, pregnancy tests, prenatal vitamins, and birthing kits.

Malaria training center

We are proud to announce 36 candidates from Timor and Sumba graduated as part of a collaboration with UNICEF. In addition, we trained 90 nurses from East and West Sumba nursing schools.



Next year, our goal is to move the training center from the current temporary leased building in Waikabubak into a larger building provided by the government of West Sumba. The government has recognized the beneficial training the Sumba Foundation provides to health workers. Our hope is they will provide the building rent free. However, we will be responsible for costs of building remodeling, furnishings, and program operating expenses.

Eye Surgery

This year, we welcomed a team from the Royal Australian College of Physicians led by Dr. Mark Ellis. The team consisted of two eye surgeons, three optometrists, and two nurses from



Australia, plus four Indonesian surgeons and three volunteers.

They completed 82 cataract and other associated surgeries.

Also, the Sumba Foundation

distributed over 800 pairs of eyeglasses.

Recently, all of the surgical patients received follow-up exams and had positive outcomes from their surgeries.

Water

The Sumba government has been installing electrical lines in areas that historically had no electricity. This opened a new opportunity for our water program which has traditionally



powered our water well pumps with diesel generators that require expensive refueling and maintenance. This year, we converted six water wells from diesel generators to electrically powered pumps, giving hundreds of people a reliable source of clean water.

Also, we performed maintenance and repairs on more than 200 water stations built by the Sumba Foundation at various locations throughout the region, providing clean water to over 23,000 people.

An important step for the Sumbanese is to become more self-sufficient. To that end, we have begun shifting responsibility to village-based cooperatives for paying for the electricity and maintaining the wells.

Our plan for the coming year is to continue to refurbish and convert existing wells to electricity and hope to construct new wells for areas that continue to struggle for access to clean water.



Staff Housing and Management

In August 2015 work commenced on the new four-unit expatriate staff housing facility, scheduled for completion before the end of the year. The land was donated by Nihiwatu Resort and funded by Chris Burch.



The Foundation recently hired Garry (Gaz) Phillips as our new Director of Field Operations. Originally from the United Kingdom, Gary has a military background, and field experience in Fiji and Belize with British-based non-profit organizations. For the past four years, he has been working in Indonesia for Aman Resorts, and a short time working at Nihiwatu. Gary will be providing periodic updates on Sumba Foundation field activities via email and social media (Facebook and Instagram), and can be reached at gary@sumbafoundation.org. Please join us in welcoming Gary to our Sumba team.

Medical clinics

We currently operate four clinics in the villages of Hobowawi, Rua, Rajaka and Lamboya in western Sumba. These clinics had a total of 12,810 visits from patients requiring medical assistance from our nurses or staff.

So far this year, we have treated 785 cases of malaria compared to 1,344 cases during a similar period in 2014, a 41 percent decrease. The change illustrates the positive impact our malaria control program continues to have on the region.



In 2016, our clinics will continue to offer malaria diagnosis and treatment, basic medical services, and increased midwife services. We are also investing in new furniture, paint work, carpentry, along with general upkeep of the clinic buildings and continued funding of clinic operating costs.

One of the highlights of our 2016 plan is that we are now offering midwife services and training to our nurses. This will allow the Foundation to provide health screening and advice to pregnant women, identifying possible birth difficulties before they occur.

Today, many pregnant women give birth in rural villages with little or no healthcare that leads to a high rate of mother and

infant fatalities. We are now beginning to provide prenatal vitamins, ultrasound tests, health screenings as well as



equipping government employed midwives. When we identify high risk pregnancies, we coordinate the delivery with hospital-based medical professionals, reducing the risk of birthing complications and mortality.



The Sumba Foundation

www.sumbafoundation.org

Our Mission

The Sumba Foundation is deeply committed to lessening the consequences of poverty on the island of Sumba. Our aim is to provide humanitarian aid by fostering village-based projects that impact health (including access and malaria control), education, water, and income-generation, while preserving and respecting the fragile culture and traditions of the Sumbanese people.

A large part of the financial support for the foundation comes from guests of the Nihiwatu Resort. With their involvement, we can create small miracles every day.

